



WELLNESS COUNCIL  
PRESENTS

# *Caregivers & Wellness*

Learn from Rachel Olson of Interfaith Older Adult Programs about a powerful new program to help caregivers. **Caregiver Coaching: An Individually Directed Approach to Self-care and Well-being.**

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**Thursday, April 20 at 2:30pm**

St. Ann Center, Stein Campus Atrium  
2801 E. Morgan, Milwaukee 53207

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